







This Week at Wayside  
Week Beginning Saturday 8th December 2018

	SATURDAY 8th	SUNDAY 9th	MONDAY 10th	TUESDAY 11th	WEDNESDAY 12th	THURSDAY 13th	FRIDAY 14th
MORNING	<p><b>COMMUNITY SERVICES CENTRE</b> 9AM – 9PM</p> <p><b>CAFÉ</b> 9AM – 9:00PM</p> <p><b>SUDOKU &amp; PUZZLE CLUB</b> FROM 9:30AM</p>  <p><b>OP SHOP</b> 10AM – 2PM</p>	<p><b>COMMUNITY SERVICES CENTRE</b> 10AM – 5PM</p>  <p><b>CHURCH SERVICE</b> 11AM – 12PM</p>	 <p><b>BREAKFAST</b> <i>D2DL participants only</i> 9:30AM – 10:30AM</p> <p><b>JUNIOR JIVERS</b> 10AM – 11AM</p> <p><b>LEGAL SERVICES</b> CSC 10AM - 12PM</p> <p><b>MENTAL HEALTH CLINIC</b> CSC 12PM – 2:30PM</p>	 <p><b>NDIS CONVERSATION</b> 10 AM – 11AM</p>	<p><b>BREAKFAST</b> <i>D2DL participants only</i> 9:30AM – 10:30AM</p>  <p><b>NDIS CONVERSATION</b> 10:30AM – 12:00PM</p> <p><b>SEWING WITH HILLARY</b> 10:30AM – 12:30PM</p> <p><b>ART WITH HELEN</b> 11AM – 1PM</p> <p><b>OUTING: SYDNEY DANCE COMPANY @CARRIAGEWORKS</b> <i>(RSVP Essential: Speak to D2DL Staff)</i> 1PM – 4PM</p>	 <p><b>COMPUTER SKILLS</b> 10AM – 1PM</p>  <p><b>HEALTH CLINIC</b> 10:30AM – 12:30PM</p> <p><b>GP CLINIC</b> CSC 10AM - 12PM</p>  <p><b>SMART Recovery®</b> Self-Management and Recovery Training 2PM – 3:30PM</p>	 <p><b>NDIS BREAKFAST</b> <i>NDIS Participants only</i> 9:30AM – 10:30AM</p>  <p><b>COOKING</b> 10:30AM – 1PM</p>
LUNCH				 <p><b>COMMUNITY LUNCH</b> 1PM</p>		 <p><b>COMMUNITY LUNCH</b> 1PM</p>	
AFTERNOON		<p><b>CAFÉ</b> 12PM – 9:00PM</p>	 <p><b>GYM &amp; STREET SOCCER</b> 1:30PM – 4PM</p>	<p><b>SEWING WITH LIZ</b> <i>D2DL</i> 2PM – 4PM</p>	<p><b>GYM</b> 1:30PM – 3:30PM</p> <p><b>MINDFULNESS GROUP</b> 3PM – 5PM</p> <p><b>STUDY CLINIC</b> 3PM – 5:30PM</p>	 <p><b>GARDENING</b> 3PM – 4PM</p>	 <p><b>ART WITH ANN</b> 2PM – 4PM</p>

The Wayside Chapel, 29 Hughes St, Kings Cross, ph 95819100 or 0450 020 102

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	SATURDAY 8th	SUNDAY 9th	MONDAY 10th	TUESDAY 11th	WEDNESDAY 12th	THURSDAY 13th	FRIDAY 14th
TWILIGHT	 <b>CRAFT at the CAFE</b> 500PM –10:30PM   <b>WAYSIDE FLICK</b> 500PM –10:30PM   <b>BOARD GAMES</b> 5:00PM –10:30PM	 <b>CHESS</b> 5:00PM –10:30PM   <b>PUZZLE CLUB</b> 5:00PM-10PM   <b>UNO</b> 5:00PM-10PM	 <b>BINGO</b> 5PM – 7:30PM   <b>EMPLOYMENT HUB</b> 5PM – 7:30PM   <b>MOVIE NIGHT</b> 5:30PM – 10:00PM   <b>SMART Recovery</b> Self-Management and Recovery Training 6PM – 7:30PM	 <b>HAIRDRESSING</b> 5PM- 8PM   <b>HAND MASSAGE</b> 5:30PM – 7:30PM   <b>DRAMA WITH ANT</b> 5PM – 7:00PM	<b>MEDITATION WITH MAGGIE</b> 5PM – 5:30PM   <b>MUSIC JAM</b> 5PM- 7PM  <b>YOGA</b> 5:30PM- 6PM  <b>TWILIGHT XMAS PARTY &amp; COMMUNITY DINNER</b> Everyone welcome 6PM   <b>SPANISH CONVERSATION</b> 7:30PM- 8PM  <b>TRIVIA</b> 8PM-9PM	 <b>EXERCISE FOR LIFE</b> 4:30PM – 5:30 PM  <b>CHESS</b> 4:30PM – 7:30 PM  <b>CREATIVE WRITING</b> 5:30PM –6:30PM  <b>WING CHUN with RHONDA</b> 5:30PM –6:30PM   <b>VOCAL IMPROVISATION WITH DAVE</b> 7:00PM – 8:00PM	 <b>CRAFT at the CAFE</b> 5:00PM –10:30PM   <b>KARAOKE</b> 5:00PM –10:30PM   <b>KNITTING</b> 5:00PM –8:00PM
	<b>WAYSIDE CLOSES</b> 10:30PM	<b>WAYSIDE CLOSES</b> 10:30PM	<b>WAYSIDE CLOSES</b> 10:30PM	<b>WAYSIDE CLOSES</b> 10:30PM	<b>WAYSIDE CLOSES</b> 10:30PM	<b>WAYSIDE CLOSES</b> 10:30PM	<b>WAYSIDE CLOSES</b> 10:30PM

**KXCommunity Services Centre:** Mon-Sat: 9am-5pm Sun: 10am-5pm | **Twilight:** Mon: 4pm – 10pm, Tue – Sun: 4pm – 10:30pm | **Op Shop** Mon – Fri: 9am-4pm, Sat: 10am – 2pm | **The Wayside Café:** Mon – Sat: 9am-9pm, Sun: 12pm – 9pm  
**Aboriginal Project:** Mon, Tue, Thur, Fri: 9:30am-4pm, Wed: 9:30am-2pm | **Pathways:** Mon 9.30am to 7.30pm, Tue: 9:30am to 4:30pm, Wed: 9:30 to 5:30pm, Thu: 9:30am to 4:30pm, Fri: 9:30am to 5pm  
**Bondi CSC:** Mon-Wed, Fri: 8am-4pm, Thur: 8am – 2pm | **Bondi Café:** 9am-2pm **SLAA:** Tues 10.30am - 12.30pm | **AA:** Tues 7pm - 8.30pm | **NA Women:** Wed 5.45pm - 7pm | **SMART Recovery:** Thur 2pm-3:30pm AND Mon 6pm-7:30pm |

Be Smoke Free: Tue 11am-12pm

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