




This Week at Wayside
Week Beginning Saturday 1st December 2018

	SATURDAY 1 st	SUNDAY 2 nd	MONDAY 3 rd	TUESDAY 4 th	WEDNESDAY 5 th	THURSDAY 6 th	FRIDAY 7 th
MORNING	<p>COMMUNITY SERVICES CENTRE 9AM – 9PM</p> <p>CAFÉ 9AM – 9:00PM</p> <p>SUDOKU & PUZZLE CLUB FROM 9:30AM</p>  <p>OP SHOP 10AM – 2PM</p>	<p>COMMUNITY SERVICES CENTRE 10AM – 5PM</p>  <p>CHURCH SERVICE 11AM – 12PM</p>	 <p>BREAKFAST D2DL participants only 9:30AM – 10:30AM</p> <p>JUNIOR JIVERS 10AM – 11AM</p> <p>LEGAL SERVICES CSC 10AM - 12PM</p> <p>MENTAL HEALTH CLINIC CSC 12PM – 2:30PM</p>	<p>CENTRELINK CSC 10:30AM – 12:30PM</p>  <p>NDIS CONVERSATION 10 AM – 11AM</p>  <p>OUTING: WATSONS BAY 11AM-3:30PM</p>	 <p>BREAKFAST D2DL participants only 9:30AM – 10:30AM</p> <p>NDIS CONVERSATION 10:30AM – 12:00PM</p> <p>SEWING WITH HILLARY 10:30AM – 12:30PM</p> <p>ART WITH HELEN 11AM – 1PM</p> <p>BOTANICAL GARDENS – Community Greening Garden Tour (Bookings Eessential) 10AM – 2PM</p>	 <p>COMPUTER SKILLS 10AM – 1PM</p> <p>PHYSIO 10AM – 12:30PM</p>  <p>HEALTH CLINIC 10:30AM – 12:30PM</p> <p>GP CLINIC CSC 10AM - 12PM</p>  <p>SMART Recovery® Self-Management and Recovery Training 2PM – 3:30PM</p>	 <p>NDIS BREAKFAST NDIS Participants only 9:30AM – 10:30AM</p>  <p>COOKING 10:30AM – 1PM</p>
LUNCH				 <p>COMMUNITY LUNCH 1PM</p>		 <p>COMMUNITY LUNCH 1PM</p>	
AFTERNOON		<p>CAFÉ 12PM – 9:00PM</p>	 <p>STREET SOCCER GYM & STREET SOCCER 1:30PM – 4PM</p>	<p>SEWING WITH LIZ D2DL 2PM – 4PM</p> 	<p>MUSIC RECORDING 1PM – 5PM</p> <p>GYM 1:30PM – 3:30PM</p> <p>MINDFULNESS GROUP 3PM – 5PM</p>	 <p>GARDENING 3PM – 4PM</p>	 <p>ART WITH ANN 2PM – 4PM</p>

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	SATURDAY 1 st	SUNDAY 2 nd	MONDAY 3 rd	TUESDAY 4 th	WEDNESDAY 5 th	THURSDAY 6 th	FRIDAY 7 th
TWILIGHT	 <p>CRAFT at the CAFE 5:00PM – 10:30PM</p>  <p>WAYSIDE FLICK 5:00PM – 10:30PM</p>  <p>BOARD GAMES 5:00PM – 10:30PM</p>	 <p>CHESS 5:00PM – 10:30PM</p>  <p>PUZZLE CLUB 5:00PM-10PM</p>  <p>UNO 5:00PM-10PM</p>	 <p>BINGO 5PM – 7:30PM</p>  <p>EMPLOYMENT HUB 5PM – 7:30PM</p>  <p>MOVIE NIGHT 5:30PM – 10:00PM</p>  <p>SMART Recovery® Self-Management and Recovery Training 6PM – 7:30PM</p>	 <p>HAIRDRESSING 5PM- 8PM</p>  <p>HAND MASSAGE 5:30PM – 7:30PM</p>  <p>DRAMA WITH ANT 5PM – 7:00PM</p>	<p>MEDITATION WITH MAGGIE 5PM – 5:30PM</p>  <p>MUSIC JAM 5PM- 7PM</p> <p>YOGA 5:30PM- 6PM</p>  <p>SPANISH CONVERSATION 7PM-7:30PM</p> <p>TRIVIA 8PM-9PM</p>	 <p>EXERCISE FOR LIFE 4:30PM – 5:30 PM</p> <p>CHESS 5:30PM – 9:30PM</p> <p>WING CHUN with RHONDA 5:30PM – 6:30PM</p>  <p>VOICE IMPROVISATION WITH DAVE 7:00PM – 8:00PM</p>	<p>CLOSED FOR STAFF CHRISTMAS PARTY</p>
	WAYSIDE CLOSES 10:30PM	WAYSIDE CLOSES 10:30PM	WAYSIDE CLOSES 10:30PM	WAYSIDE CLOSES 10:30PM	WAYSIDE CLOSES 10:30PM	WAYSIDE CLOSES 10:30PM	WAYSIDE CLOSES 10:30PM

KXCommunity Services Centre: Mon-Sat: 9am-5pm Sun: 10am-5pm | Twilight: Mon: 4pm – 10pm, Tue – Sun: 4pm – 10:30pm | Op Shop Mon – Fri: 9am-4pm, Sat: 10am – 2pm | The Wayside Café: Mon – Sat: 9am-9pm, Sun: 12pm – 9pm
 Aboriginal Project: Mon, Tue, Thur, Fri: 9:30am-4pm, Wed: 9:30am-2pm | Pathways: Mon 9.30am to 7.30pm, Tue: 9:30am to 4:30pm, Wed: 9:30 to 5:30pm, Thu: 9:30am to 4:30pm, Fri: 9:30am to 5pm
 Bondi CSC: Mon-Wed, Fri: 8am-4pm, Thur: 8am – 2pm | Bondi Café: 9am-2pm SLAA: Tues 10.30am - 12.30pm | AA: Tues 7pm - 8.30pm | NA Women: Wed 5.45pm - 7pm | SMART Recovery: Thur 2pm-3:30pm AND Mon 6pm-7:30pm | Be Smoke Free: Tue 11am-12pm

The Wayside Chapel, 29 Hughes St, Kings Cross, ph 95819100 or 0450 020 102